

Your Annual Growth Commitment

An annual growth commitment is **different from a new year's resolution**, which people attempt to do out of sheer willpower and too often fail before the first month is out.

The growth commitment is the combination of a yearlong prayer request that God will work a distinct change in you, with **a yearlong commitment to do your part in agreeing with that prayer**—and to do so in practical ways.

The growth commitment is about **character change**. I encourage you to consider and *choose just one area* regarding your character in which to grow. If you're really gung-ho, add other character changes as well, but focus on one.

Think, pray, and take time to determine the right commitment for you.

Is there an area in your life you're ready and willing to address? Or an area where you feel God is leading you to change, and you're ready to say yes? *You've got to want to, or it won't happen.*

Choose something that is appropriate to you, not to anyone else or what others think.

The sheets are small for two reasons.

- They keep your commitment to **one very short sentence or phrase**. Short and clear is best.
- They are easy to place **somewhere you'll see it**—a wallet, car visor, mirror, or back of a clear smartphone case.

A major key to success in this is to **form a simple habit** you can practice daily. You may replace a bad habit with a good one or start a new one. **This new habit itself could be your growth commitment.** *What simple habit, or habits would you form?*

If you **print this PDF**, you can cut out the Growth Commitment boxes below.

Your pragmatic task goals can go on the backside of the Growth Commitment.

You may rather go electronic and put your Growth Commitment on your smartphone or screensaver. Either way, just make sure it's somewhere that you'll frequently see it.

As you track your progress year by year with each successive Growth Commitment, you may be amazed.

God bless you as you grow!

My Growth Commitment for 2025 is:

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